



**FAIRWORK**

# Work Log

In this work log you can fill in information about your work and salary

**For free information and service:**

Email [info@fairwork.nu](mailto:info@fairwork.nu)

Phone +31 (0)20 76 00 809

Website [www.fairwork.nu/english](http://www.fairwork.nu/english)

Facebook FairWorkNU

Instagram @fairwork\_nu







## You can also collect extra evidence of your working hours by:

- saving text messages (apps, SMS), emails, photo's
- logging name of company, boss and colleagues
- keeping letters, notes and other written instructions from your boss

	Date	Start	End	Break	Total hours	Sick	Work place adress	Payment yes/no	Amount
Monday									
Tuesday									
Wednesday									
Thursday									
Friday									
Saturday									
Sunday									
					<b>Week total</b>			<b>Week total</b>	



Download a copy of this work log for a colleague:  
[www.fairwork.nu/worklog](http://www.fairwork.nu/worklog)

	Date	Start	End	Break	Total hours	Sick	Work place adress	Payment yes/no	Amount
Monday									
Tuesday									
Wednesday									
Thursday									
Friday									
Saturday									
Sunday									
					Week total			Week total	







زيارة يرجى ،العربية باللغة الاتصال وأيضا بكم خاصة و مجانية معلومات على  
[www.fairwork.nu/arab](http://www.fairwork.nu/arab)

	Date	Start	End	Break	Total hours	Sick	Work place adress	Payment yes/no	Amount
Monday									
Tuesday									
Wednesday									
Thursday									
Friday									
Saturday									
Sunday									
					Week total			Week total	





За бесплатна и анонимна информация, и за контакти в България, моля посетете в [www.fairwork.nu/bulgaria](http://www.fairwork.nu/bulgaria)

	Date	Start	End	Break	Total hours	Sick	Work place adress	Payment yes/no	Amount
Monday									
Tuesday									
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Thursday									
Friday									
Saturday									
Sunday									
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想了解更多信息或联系我们，请查看我们的中文网页 [www.fairwork.nu/chinese](http://www.fairwork.nu/chinese)。  
我们的服务是匿名和免费的。

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Monday									
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Wednesday									
Thursday									
Friday									
Saturday									
Sunday									
					<b>Week total</b>			<b>Week total</b>	



For information and contact in English, please visit [www.fairwork.nu/english](http://www.fairwork.nu/english)

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Monday									
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Wednesday									
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Saturday									
Sunday									
					Week total			Week total	



Para información gratuita y anonima y para contacto en español,  
por favor visite [www.fairwork.nu/espanol](http://www.fairwork.nu/espanol)

	Date	Start	End	Break	Total hours	Sick	Work place adress	Payment yes/no	Amount
Monday									
Tuesday									
Wednesday									
Thursday									
Friday									
Saturday									
Sunday									
					Week total			Week total	



Pour des informations et des contacts gratuits et anonymes en français, visitez [www.fairwork.nu/francais](http://www.fairwork.nu/francais)

	Date	Start	End	Break	Total hours	Sick	Work place adress	Payment yes/no	Amount
Monday									
Tuesday									
Wednesday									
Thursday									
Friday									
Saturday									
Sunday									
					Week total			Week total	



Untuk informasi gratis dan anonim dalam Bahasa Indonesia, silakan kunjungi [www.fairwork.nu/indonesia](http://www.fairwork.nu/indonesia)

	Date	Start	End	Break	Total hours	Sick	Work place adress	Payment yes/no	Amount
Monday									
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Friday									
Saturday									
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За безкоштовної анонімної інформацією і контактом по-українськи, будь ласка, звертайтеся сюди [www.fairwork.nu/ukrayina](http://www.fairwork.nu/ukrayina)

	Date	Start	End	Break	Total hours	Sick	Work place adress	Payment yes/no	Amount
Monday									
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Remember: the Dutch minimum wage is 9 euro per hour

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## Pag kailangan mo ng impormasyon sa Tagalog mangyaring mangyaring bisitahin ang website [www.fairwork.nu/tagalog](http://www.fairwork.nu/tagalog)

Hindi mo kailangang magpakilala at ang mga inpormasyon nang FairWork ay libre o walang bayad.

	Date	Start	End	Break	Total hours	Sick	Work place adress	Payment yes/no	Amount
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Thursday									
Friday									
Saturday									
Sunday									
					<b>Week total</b>			<b>Week total</b>	



За бесплатной анонимной информацией и контактом на русском языке, пожалуйста, обращайтесь сюда [www.fairwork.nu/ruski](http://www.fairwork.nu/ruski)

	Date	Start	End	Break	Total hours	Sick	Work place adress	Payment yes/no	Amount
Monday									
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# DO YOU KNOW YOUR RIGHTS AS A MIGRANT WORKER IN THE NETHERLANDS?



**As a migrant worker, do I have the same labour rights as Dutch workers?**

If you are undocumented you are not allowed to work. But IF you work you have the same rights as

Dutch workers or migrant workers with a residence permit,  
for example:

- ! to earn the minimum wage,
- ! holiday money,
- ! holidays,
- ! time off,
- ! maximum 45h/ working week,
- ! possibility to see a doctor in case you are ill.



*I should always earn the Dutch minimum wage (around € 9 per hour<sup>1</sup>)*



## **What are the consequences if I work without documents in the Netherlands?**

You risk being caught and deported. Your employer risks a fine for employing someone without the right documents, approx. € 8.000.<sup>2</sup>



## **I don't have a work contract, can I claim my rights?**

Yes, you can. But only with proof. Collect any possible evidence that you have worked in a certain place. Pictures, names, communication (whatsapp, sms, email), proof on paper. Keep record of days and hours worked, save working instructions and note down how much you got paid.



*In the Netherlands you also have the right to a lawyer, but you need to pay a contribution which depends on your income.*



**I am a victim of exploitation or another crime, can I go to the police?**

Yes, you have the right to report a crime without being detained, also in case you are undocumented. We recommend you take someone with you, FairWork can help you with this.



**My employer abuses my situation as an undocumented worker. He is not paying me and he is also threatening me. Do I have to accept this?**

No, exploitation is prohibited in the Netherlands. In case your employer is abusing your vulnerable situation as an undocumented worker, contact FairWork for more information about your rights.

1 May 2016, for more information:  
<https://www.rijksoverheid.nl/onderwerpen/minimumloon/vraag-en-antwoord/minimumloon-per-uur>

2 May 2016

## More information if your labour rights are being violated:



FairWork is an independent non-governmental organisation (NGO) that supports women and men that are being exploited by their employer in the Netherlands. Any information that you share with us will be kept confidential. The support that FairWork offers is free of charge.



FairWork can be reached (often in your native language) at phone number:  
**+31 20 760 08 09.**



You can also send  
an e-mail to:  
**info@fairwork.nu**

Visit our website:  
**www.fairwork.nu/english**



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Instagram [@fairwork\\_nu](https://www.instagram.com/fairwork_nu)