



DO YOU KNOW YOUR RIGHTS AS AN AU PAIR IN THE NETHERLANDS?



Do you know your rights as an au pair in the Netherlands? You are entitled to:

- 1 Working days up to a maximum of 8 hours per day;
- 1 A maximum of 30 working hours a week;
- 1 At least 2 days off per week;
- 1 Only light household chores for your host family



Do you know:

- 1 You cannot be fined for not fulfilling certain aspects of your contract, such as early termination because you are going to work for another host family or employer;
- 1 The agency is not allowed to ask you to pay a deposit;
- 1 The fee you have to pay to the au-pair agency cannot be more than 34 euro;
- 1 Your host family is allowed to give you up to 340 euros pocket money per month



Do you experience problems regarding the work you do as an au pair? Are your rights not respected? You can contact FairWork.



FAIRWORK



FairWork is an independent non-governmental organisation (NGO) that supports women and men that are being exploited by their employer in the Netherlands. Any information that you share with us will be kept confidential. The support that FairWork offers is free of charge.



Fairwork can be reached (often in your native language) through **WhatsApp: +31 6 51 77 1249**



You can also send an e-mail to: **info@fairwork.nu**

Visit our website:

www.fairwork.nu/en/au-pair-in-the-netherlands/

All the information you share with us will remain private. And all the support we offer is free of charge.